

# WORKSHOP

## FRIDAY

Barbara & Claudio

Agustina & Carlitos

Georgia & Loukas

14:00-15:15

### TANGO SEMINAR "BOLEOS"

*All the secrets, the technique and combinations with other elements.*

### TANGO SEMINAR "DENSITY"

*Body awareness, perception and movement control.*

### TANGO SEMINAR "VARIACION IS COMING!"

*Fixed ideas and the whole philosophy underneath them in order to help the social dancer approach variacion parts.*

15:30-16:45

### TANGO

*Rhythmic turns for the dance floor.*

### VALS

*Combinations of turns and changes of direction for vals.*

### MILONGA

*Milonga o' clock! How to improve your milonga in 75 minutes!*

## SATURDAY

Barbara & Claudio

Agustina & Carlitos

Georgia & Loukas

14:00-15:15

### TANGO SEMINAR "BOLEOS"

*All the secrets, the technique and combinations with other elements.*

### TANGO SEMINAR "DENSITY"

*Manage the state of the body, to get a smooth flow, fluid and groundedness.*

### TANGO SEMINAR "VARIACION IS COMING!"

*Fixed ideas and the whole philosophy underneath them in order to help the social dancer approach variacion parts.*

15:30-16:45

### VALS

*Colgada for vals in a closed embrace.*

### MILONGA

*Three different ways to dance milonga. Steps and structure to practice them.*

### TANGO

*Connecting our dance with the main qualities of tango music. Understanding the similarities and differences in the music of the most famous orchestras.*

## SUNDAY

Barbara & Claudio

Agustina & Carlitos

Georgia & Loukas

14:00-15:15

### TANGO SEMINAR "BOLEOS"

*All the secrets, the technique and combinations with other elements.*

### TANGO SEMINAR "DENSITY"

*Work with music/orchestras and ideas how to apply the density on them.*

### TANGO SEMINAR "VARIACION IS COMING!"

*Fixed ideas and the whole philosophy underneath them in order to help the social dancer approach variacion parts.*

15:30-16:45

### MILONGA

*Playing with rhythms with advanced combinations.*

### TANGO

*Calgadas and elastics. Techniques and sequences to apply to social dance.*

### VALS

*Vals o' clock! Famous "cadenas" and "vaivenes" for vals lovers!*